

GAMING HAS TO REMAIN A PLEASURE FOREVER

The casino has to make you live some relaxation, pleasure and emotion in a comfortable and welcoming environment. Gambling money, staking on hazard, betting on one self's Lucky Star... procure agreeable sensations. However, certain people overrun their limits and fall in excess. Therefore, they jeopardize their financial balance and welfare of their close relatives.

Being aware of the problems induced by this attitude of "gambling addiction", casinos which adhere to the ADICTEL quality label have implemented a program of prevention, support, listening and advice, available all over France.

Your casino engages in the prevention and support of gambling addicts.

If you spend more time in a casino than your family or professional responsibilities allow... If you spend more money to gamble than your revenue authorizes... You risk facing serious problems in the future. Do not hesitate to make a free call to ADICTEL 0 805 02 00 00 (7 days/a week 24 h/a day).

You will be listened to, supported, and, if you wish, put in touch with one of our people, in complete confidentiality. You can also consult our website www.adictel.com. You can find a lot of information there and a program to learn how to control your addiction.

Some rules to follow in order to avoid a compulsive gambling situation.

By following these recommendations, you can preserve your pleasure to gamble intact:

- Never gamble to win whatever it takes, but for the pleasure to tempt your luck.
- Consider stakes as money spent on your leisure budget.
- Do not bet money provided to meet the needs of your family or pay your fixed expenses (rent, electricity, heating, water ...).
- Never borrow money to gamble, either from a financial agency, or from a close friend/relative.
- Avoid going to the gambling room with your checkbook and/or your card.

- Estimate, before starting gambling, the amount of money you are going to stake and which you must not exceed.
- Avoid gambling under the influence of alcohol or psychotropic drugs.
- Do not consider gambling as an escape from your daily or psychological problems.

Do you risk facing one day some compulsive gambling problems?

In order to find out, please answer these few questions, by yes or no.

- | | OUI | NON |
|---|--------------------------|--------------------------|
| 1. Have you already been in the situation to gamble in order to settle debts or a money problem? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Do you ever gamble more money than you have in your wallet? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Do you often gamble longer than you initially planned? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Has gambling an adverse influence on your family or professional life? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Have you already faced professional conflicts or lost a job because of gambling? | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Have you ever thought the cease gambling? | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. When you lose in gambling do you immediately want "to recuperate"? | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Has your consumption of alcohol, painkillers, sleeping pills... grown since you started to gamble? | <input type="checkbox"/> | <input type="checkbox"/> |

If you answered "yes" at least to 3 questions, we invite you to enter the website www.adictel.com, a confidential and free support will be proposed to you.